

# UHSAA Tryout Checklist

*(To be kept on file at the school. Participants must use a new form for each sport)*

The following checklist **MUST** be filled out completely, signed and be placed on file at the school BEFORE a prospective team member may try out for or be a member of any given team. UHSAA Eligibility Rules and Standards must be followed (See UHSAA Handbook at [www.uhsaa.org](http://www.uhsaa.org)).

**As a prospective team member I understand:**

- 1. I will conduct myself in a manner that promotes good sportsmanship.
- 2. I cannot promote nor use illegal substances as defined in Utah Code and the UHSAA alcohol, drugs and tobacco policy (By-Laws Article 10).
- 3. I must obtain a physical exam prior to competing in any athletic contest (UHSAA By-Laws Article I, Section 13).
- 4. I establish eligibility at a UHSAA member school by trying out for a team OR by attending a UHSAA member School (By-Laws Article I, Section 1).
- 5. UHSAA rules and local district policy will determine my ninth grade eligibility (Article 1, Section 1).
- 6. I could lose eligibility for one full year if:
  - a. I have attended a school or coach sponsored camp with coaches associated with a UHSAA member school outside the school boundaries of my residence or
  - b. I participated with a “club”, “super-league”, “all-star”, or “select” team or other similar organization with players, coaches, or anyone associated with a UHSAA member school outside the school boundaries of my residence or
  - c. I or my parents/guardian have contacted or been contacted by a coach, booster or other(s) associated with a UHSAA member school outside the school boundaries of my residence and then attempt to establish eligibility at that school (By-Laws Article I, Section 9 & 10).
- 7. A try-out is considered participation in that sport for that sport season. I may only participate in a sport once each sport season. An unsuccessful try-out concludes my eligibility for that season in that sport unless allowed back onto the same team at the same school for which I tried out (Article 1, Section 3).
- 8. I cannot compete with any non-high school team in the same sport during my high school season (By-Laws Article I, Section 12.)
- 9. I must meet the scholastic eligibility rules of the UHSAA which include a minimum 2.0 GPA and no more than one failure in the previous grading period. I must also meet my district’s scholastic eligibility requirements. (By-Laws Article I, Section 8)

*I hereby certify that that I have read the eligibility standards outlined in the UHSAA Handbook (located on-line at [uhsaa.org](http://uhsaa.org)) and specifically those By-Laws addressed on this form. I understand the pre-requisites for eligibility. I certify that I am eligible under the same and agree to abide by these rules and standards.*

**Participant’s Name (print clearly and legibly)** \_\_\_\_\_

School Last Attended \_\_\_\_\_ Current Grade: 9<sup>th</sup> 10<sup>th</sup> 11<sup>th</sup> 12<sup>th</sup>

\_\_\_\_\_  
*Signature of Student Athlete*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Birth date*

\_\_\_\_\_  
*Signature of Parent or Guardian*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Signature of Coach (see “Coach Commitment” on back )\**

\_\_\_\_\_  
*Date*



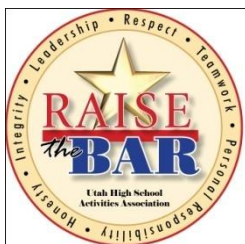
**School** \_\_\_\_\_ **Sport** \_\_\_\_\_ Girls? Boys?

## “Raise the Bar” - Sportsmanship Matters!

The Utah High School Activities Association is the leadership organization for education-based interscholastic athletic and fine arts activities. The philosophy of education-based activities is to focus on learning; UHSAA activities are an extension of the school day. Through participation, athletes are taught valuable life skills and universal values, including – RESPECT, TEAMWORK, RESPONSIBILITY, HONESTY, INTEGRITY and LEADERSHIP, which will assist them in becoming successful individuals and productive citizens. Participation is a privilege that comes with the responsibility to exhibit appropriate sporting behavior and be a positive role model.

### PARTICIPANTS SPORTSMANSHIP PLEDGE

I accept the responsibilities that come with the privilege of participating and pledge to exhibit appropriate sporting behavior and be a positive role model for my team, school and community.



#### I pledge to:

1. Play with honesty and integrity by adhering to the rules of the sport and UHSAA rules and regulations.
2. Demonstrate respect for all participants (i.e. teammates, opponents, officials, coaches, officials, spectators and fans).
3. Display self-control and appropriate behavior when participating

Sign below:

Participant: \_\_\_\_\_ Guardian: \_\_\_\_\_

### COACH COMMITMENT (Signature on the front of this page demonstrates agreement):

1. I pledge to support the UHSAA “Raise the Bar” Sportsmanship Initiative by teaching and enforcing the standards of good sportsmanship and appropriate sporting behavior and being a positive role model.
2. I will discuss the eligibility requirements on this form with prospective participants.
3. Players and parents will receive an “Activity Disclosure Statement” as outlined below.

### The Activity disclosure statement from Utah State Code (SBE 53-A-3-420) reads:

1. A local school board shall require the development of activity disclosure statements for each school-sponsored group, club, or program which involves students and faculty in grades 9 through 12 in contests, performances, events, or other activities that require them to miss normal class time or takes place outside regular school time.
2. The activity disclosure statements shall be disseminated to the students desiring involvement in the specific activity or to the students’ parents or legal guardians or to both students and their parents.
3. An activity disclosure statement shall contain the following information:
  - a. The specific name of the club, team, group, or activity;
  - b. The maximum number of students involved;
  - c. Whether or not tryouts are used to select students, specifying date and time requirements for tryouts, if applicable.
  - d. Beginning and ending dates of the activity;
  - e. A tentative schedule of the events, performances, games, or other activities with dates, times, and places specified if available;
  - f. If applicable, designation of any non-season events or activities, including an indication of the status, required, expected, suggested, or optional, with the dates, times, and places specified;
  - g. Personal costs associated with the activity;
  - h. the name of the school employee responsible for the activity; and
  - i. any additional information considered important for the students and parents to know.